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RESEARCH BRIEF

AN EGG-BASED, UNIVERSALLY-FREE 'BREAKFAST IN THE CLASSROOM' PROGRAM INCREASES SCHOOL BREAKFAST PARTICIPATION AND IMPROVES DIET QUALITY IN MIDDLE-SCHOOL ADOLESCENTS: A FEASIBILITY, PILOT STUDY

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PRACTICAL SOLUTIONS

READY, SET, COACH! AN INNOVATIVE SCHOOL WELLNESS COACHING PROGRAM THAT HELPS GET LOCAL SCHOOL WELLNESS POLICIES OFF THE SHELF AND INTO PRACTICE.

Catherine A. Wickham, PhD, RDN, CDN, Lynnea Spencer, MEd, RD, LDN, SNS, Nicole Good, Karen McGrail, MEd, RDN, LDN, Denise Courtney, MS, RD, SNS

**ADDITIONAL CONTENT (i.e.,
abstracts, reports, research
updates from SNA, etc.)**

FNS RESEARCH CORNER SUMMARY OF RESEARCH