2023-24
PROMOTION CALENDAR

Make every day a celebration in the school cafeteria!
AUGUST 2023

MONTH-LONG EVENTS
Back-to-School Month
Family Fun Month
International Pirate Month
National Goat Cheese Month
National Golf Month
National Immunization Awareness Month
National Panini Month
National Sandwich Month
Summer Sun Safety Month
National Peach Month

WEEK-LONG/MULTI-DAY EVENTS
International Clown Week | Aug. 1-7
National Farmers Market Week | Aug. 6-12
National Aviation Week | Aug. 19-25
World Water Week | Aug. 23-Sept. 1
Be Kind to Humankind Week | Aug. 25-31

SINGLE-DAY EVENTS
Air Force Day | Aug. 1
National Watermelon Day | Aug. 3
International Cat Day | Aug. 8
National Book Lovers Day | Aug. 9
World Elephant Day | Aug. 12
National Relaxation Day | Aug. 15
National Fajita Day | Aug. 18
National Aviation Day | Aug. 19
World Humanitarian Day | Aug. 19
World Photography Day | Aug. 19
National Tooth Fairy Day | Aug. 22
World Plant-Based Milk Day | Aug. 22
National Waffle Day | Aug. 24
National Dog Day | Aug. 26
National Beach Day | Aug. 30
Eat Outside Day | Aug. 31
National Trail Mix Day | Aug. 31

NOTABLE BIRTHDAYS & ANNIVERSARIES
DOGust 1st: Universal Birthday for Shelter Dogs | Aug. 1
Francis Scott Key | Aug. 1
U.S. Coast Guard | Aug. 4
Lucille Ball | Aug. 6
Voting Rights Act of 1965 | Aug. 6, 1965
Julia Child | Aug. 15
19th Amendment — Women’s Right to Vote | Aug. 18, 1920
1963 March on Washington | Aug. 28

Click on highlighted events or names to learn more and get celebration or recipe ideas!

Sponsored by Conagra Foodservice
Black Bean, Corn & Watermelon Salad

August 3 is National Watermelon Day!

Serves 50 (3/4 cup)
Per Serving 100 cal., 3 g pro., 5 g fat, 12 g carb., 65 mg sod.

Meal Pattern 1/8 cup legumes, 1/8 cup starchy vegetables, 1/8 cup other vegetables, 1/4 cup fruit

Ingredients
45 oz. black beans, canned, low-sodium
2 lb., 5 oz. corn, frozen, thawed
12 oz. red onions, chopped
2 lb., 4 oz. green bell peppers, chopped
8 lb., 4 oz. seedless watermelon, chopped
4 cups cilantro, chopped
1 tsp. garlic, granulated
4 Tbsp. ground cumin
2 Tbsp. chili powder, mild
1/2 cup lime juice
1 cup olive oil
1/2 tsp. kosher salt

Directions
1. Drain and rinse the beans under cool running water.
2. Combine the beans, corn, onions and green bell peppers in a large bowl. Gently fold in the watermelon and cilantro.
3. Make the dressing by combining the garlic, cumin, chili powder, lime juice, olive oil and salt in a bowl. Whisk for about 2 minutes to blend.
4. Toss the salad with the dressing just before service. To serve, portion 3/4 cup of salad.

Recipe, Photo and Nutritional and Meal Pattern Analyses
National Watermelon Promotion Board, www.watermelon.org
SEPTEMBER 2023

MONTH-LONG EVENTS
Better Breakfast Month
Fruits & Veggies—More Matters Month
Hispanic Heritage Month | Sept. 15-Oct. 15
National Food Safety Education Month
National Potato Month
National Rice Month
National Suicide Prevention Month
National Whole Grains Month
Self-Improvement Month
Sourdough September
World Alzheimer’s Month

SINGLE-DAY EVENTS
National Food Bank Day | Sept. 1
Labor Day | Sept. 4
National Wildlife Day | Sept. 4
National Cheese Pizza Day | Sept. 5
World Samosa Day | Sept. 5
National Read a Book Day | Sept. 6
International Day of Clean Air | Sept. 7
Patriot Day | Sept. 11
National Peanut Day | Sept. 13
National Coloring Day | Sept. 14
National Cheeseburger Day | Sept. 18
International Day of Peace | Sept. 21
World Gratitude Day | Sept. 21
Hobbit Day | Sept. 22
National Food Service Employee Day | Sept. 25
National Quesadilla Day | Sept. 25
World School Milk Day | Sept. 27

WEEK-LONG/MULTI-DAY EVENTS
National Waffle Week | Sept. 3-9
Suicide Prevention Week | Sept. 10-16
Yom Kippur | Sept. 24-25
Sukkot | Sept. 29-Oct. 6

SPECIAL EVENTS
Click on highlighted events or names to learn more and get celebration or recipe ideas!

NOTABLE BIRTHDAYS + ANNIVERSARIES
Jesse Owens | Sept. 12
Roald Dahl | Sept. 13
Writing of the “Star-Spangled Banner” | Sept. 14, 1814
Agatha Christie | Sept. 15
U.S. Air Force | Sept. 18
Shel Silverstein | Sept. 25
Bill of Rights creation | Sept. 25, 1789
Johnny Appleseed | Sept. 26
Serena Williams | Sept. 26

Sponsored by Conagra Foodservice
"Fried" Rice with Edamame

Serves 32 (3/4 cup)

Per Serving 159 cal., 5.7 g pro., 3 g fat, 27 g carb., 311 mg sod.

Meal Pattern 1-oz.-eq. whole grain, 1/4 cup additional vegetables

Ingredients

2 lb. brown rice, dry, parboiled
2 qt., 2 cups water
1 cup low-sodium soy sauce*
2 Tbsp. toasted sesame oil
2 tsp. garlic powder
2 tsp. onion powder
2 tsp. ground ginger
2 tsp. ground black pepper
4 cups edamame, shelled
4 cups carrots, diced
1 cup green onions, thinly sliced

Directions

1. Preheat the oven to 350°F.
2. Spray a 2-in. full-size steamtable pan with pan release spray. Place parboiled brown rice in the prepared steamtable pan.
3. In a 3-qt. liquid measuring container, combine the water, low-sodium soy sauce, toasted sesame oil, garlic powder, onion powder, ground ginger and black pepper. Whisk together until well-combined and pour over the rice in the steamtable pan. Stir well to combine and distribute the ingredients.
4. Cover the pan tightly with foil. Bake in the preheated 350°F oven for about 1 hour, or until the rice is tender and most of the liquid is absorbed.
5. Remove the pan from the oven and stir in thawed edamame and diced carrots. Cover and place into the oven for an additional 5 minutes. CCP: Cook to a minimum internal temperature of 165°F.
6. Remove the pan from the oven and stir in the green onions. CCP: Cover and hold at or above 135°F until service. Stir before serving.

Recipe and Nutrition and Meal Pattern Analyses
Kikkoman, www.kikkomanusa.com

Photo
Getty Images

*Notes
Kikkoman Less Sodium Soy Sauce can be used in this recipe.
October 2023

Month-long events
Breast Cancer Awareness Month
Down Syndrome Awareness Month
LGBTQ+ History Month
National Apple Month
National Bullying Prevention Month
National Chili Month
National Pasta Month
National Pizza Month
National Pretzel Month
Vegetarian Month

Week-long/multi-day events
Banned Books Week | Oct. 1-7
Mental Illness Awareness Week | Oct. 1-7
Fire Prevention Week | Oct. 8-14
National School Lunch Week | Oct. 9-13
National Baking Week | Oct. 14-20

SINGLE-DAY EVENTS
International Music Day | Oct. 1
World Vegetarian Day | Oct. 1
International Day of Non-Violence | Oct. 2
National Taco Day | Oct. 4
World Animal Day | Oct. 4
World Teachers Day | Oct. 5
National Noodle Day | Oct. 6
World Smile Day | Oct. 6
Indigenous Peoples’ Day | Oct. 9
World Mental Health Day | Oct. 10
National Stop Bullying Day | Oct. 11
National Farmers Day | Oct. 12
Global Handwashing Day | Oct. 15
World Food Day | Oct. 16
National Pasta Day | Oct. 17
National Pumpkin Day | Oct. 26
Halloween | Oct. 31

Notable birthdays + anniversaries
Mahatma Gandhi | Oct. 2
John Lennon | Oct. 9
Guillermo del Toro | Oct. 9
Eleanor Roosevelt | Oct. 11
Naomi Osaka | Oct. 16
U.S. Navy | Oct. 13
Vice President Kamala Harris | Oct. 20
Alfred Nobel | Oct. 21
Pablo Picasso | Oct. 25
Bob Ross | Oct. 29

Click on highlighted events or names to learn more and get celebration or recipe ideas!
White Chicken Chili

Serves 50 (1 cup)

Per Serving 259 cal., 18 g pro., 3 g fat, 36 g carb., 403 mg sod.

Meal Pattern Crediting Great Northern Beans as Meat Alternate: 4-oz.-eq. meat/meat alternate, 1/8 cup other vegetable

Crediting Great Northern Beans as Vegetable: 1.5-oz.-eq. meats/meat alternate, 1/2 cup legumes, 1/8 cup other vegetable

Ingredients

7 lb. 8 oz. chicken breast, boneless, skinless
2 oz. olive oil
2 lb., 2 1/2 oz. onion, chopped
2 Tbsp. garlic, minced
1 gal., 2 qt. chicken broth, low sodium
3 cups skim milk
1 lb., 8 oz. green chilies, canned
16 1/2 lb. great northern beans, canned, drained
1/4 cup cumin
2 Tbsp. oregano, dried, ground
1 tsp. cayenne pepper

Directions

1. Bake the chicken in a 350°F oven for 40 to 50 minutes. CCP: Bake until the chicken reaches an internal temperature of 165°F or higher for at least 15 seconds.
2. Dice the chicken. CCP: Hold above 135°F until service.
3. Heat the oil in a large stock pot or steam kettle.
4. Add onions and garlic to the oil and cook for 3 to 5 minutes.
5. Slowly add remaining ingredients, including the chicken, and stir.
6. Bring to a boil, reduce heat and simmer for 20 minutes. CCP: Hold for hot service at 135°F or higher.
7. Serve 1 cup (8-oz. ladle).

Recipe, Photo and Nutritional and Meal Pattern Analyses

Iowa Department of Education (FY2021 Cohort A Team Nutrition Training Grant for School Meal Recipe Development), [www.educateiowa.gov](http://www.educateiowa.gov)
NOVEMBER 2023

MONTH-LONG EVENTS
- Military Family Appreciation Month
- National Adoption Month
- National Diabetes Month
- National Gratitude Month
- National Native American Heritage Month
- National Peanut Butter Lovers Month
- National Pepper Month
- National Roasting Month

WEEK-LONG/MULTI-DAY EVENTS
- Dia de los Muertos | Nov. 1-2
- Children’s Book Week | Nov. 6-12
- Hunger & Homeless Awareness Week | Nov. 11-18
- World Kindness Week | Nov. 13-19
- American Education Week | Nov. 13-17
- National Recycling Week | Nov. 13-19

SINGLE-DAY EVENTS
- All Saints’ Day | Nov. 1
- National Cinnamon Day | Nov. 1
- World Vegan Day | Nov. 1
- National Sandwich Day | Nov. 3
- Daylight Saving Time ends | Nov. 5
- Election Day | Nov. 7
- STEM/STEAM Day | Nov. 8
- Veterans Day | Nov. 11
- Diwali | Nov. 12
- World Kindness Day | Nov. 13
- National Pickle Day | Nov. 14
- World Diabetes Day | Nov. 14
- Great American Smokeout | Nov. 16
- International Men’s Day | Nov. 19
- Eat a Cranberry Day | Nov. 23
- Thanksgiving | Nov. 23
#GivingTuesday | Nov. 28

NOTABLE BIRTHDAYS + ANNIVERSARIES
- Marie Curie | Nov. 7
- Carl Sagan | Nov. 9
- U.S. Marine Corps’ Birthday | Nov. 10
- Mickey Mouse | Nov. 18
- President Joe Biden | Nov. 20
- Tina Turner | Nov. 26
- Louisa May Alcott | Nov. 29
- Mark Twain | Nov. 30
- Shirley Chisholm | Nov. 30

Click on highlighted events or names to learn more and get celebration or recipe ideas!
November 23 is Eat a Cranberry Day!

Cranberry Salsa Chicken Wrap

Serves 48 (1 wrap)
Per Serving 321 cal., 20.7 g pro., 2.4 g fat, 31.3 g carb., 498.7 mg sod.
Meal Pattern 2-oz.-eq. meat/meat alternate, 1.5-oz.-eq. grains, 1/8 cup dark green vegetables, 1/8 cup fruit

Wrap Ingredients
1 Tbsp. vegetable oil
3 cups sweet onions, minced
3 cups dried sweetened cranberries
2 cups canned pears in juice, drained, diced
2 cups reserved canned pear juice
1/2 cup vinegar, cider
1/4 tsp. ground red pepper
1 cup cilantro, fresh, minced
48 whole-grain wraps, 8-in.
3 cups mayonnaise, low-fat
1/2 lb. romaine lettuce, shredded
6 lbs. chicken, cooked, sliced/shredded
1 1/2 qts. cranberry salsa

Cranberry Salsa Ingredients
6 oz. frozen orange juice concentrate
1 cup fresh or frozen cranberries, chopped
1 red bell pepper, chopped
1 green bell pepper, chopped
1 chili pepper, chopped
1/2 red onion, chopped
1 garlic clove, minced
1/2 tsp. parsley
1/2 tsp. ground cumin
1/8 tsp. black pepper
zest of a small orange

Directions
1. In a large mixing bowl, combine all Cranberry Salsa ingredients and mix well. Store in the refrigerator until all ingredients are chilled and flavors are well combined.
2. In a sauce pan, heat oil over medium-high heat; add onions and sauté for 2 minutes, making sure not to brown. Stir in cranberries, pears, pear juice, vinegar, and red pepper and bring to a boil; reduce heat and simmer 20 minutes or until glazed.
3. Remove from heat and stir in cilantro. Bring to room temperature. Cover and refrigerate until ready to serve.
4. For each sandwich, lay out wrap on clean, flat, dry surface. Spread each wrap with 1 Tbsp. mayonnaise. Top with 1/4 cup lettuce, 2 oz. chilled chicken meat and 2 Tbsp. Cranberry Salsa. Fold up and secure. Cut in half and seal. Keep chilled until ready to serve.

Recipe, Photo and Nutritional and Meal Pattern Analyses
Cranberry Marketing Committee, www.uscranberries.com

Sponsored by
Conagra Foodservice
### MONTH-LONG EVENTS
- Handwashing Awareness Month
- National Cat Lovers Month
- National Fruitcake Month
- National Pear Month
- National Root Vegetable & Exotic Fruits Month
- National Eggnog Month
- Worldwide Food Service Safety Month
- Universal Human Rights Month

### WEEK-LONG/MULTI-DAY EVENTS
- National Handwashing Awareness Week | Dec. 3-9
- Inclusive Schools Week | Dec. 5-9
- Hanukkah | Dec. 7-15
- Saturnalia | Dec. 17-23
- Kwanzaa | Dec. 26-Jan. 1

### SINGLE-DAY EVENTS
- National Christmas Lights Day | Dec. 1
- World AIDS Day | Dec. 1
- National Cookie Day | Dec. 4
- International Ninja Day | Dec. 5
- International Volunteer Day | Dec. 5
- National Comfort Food Day | Dec. 5
- National Letter-Writing Day | Dec. 7
- National Brownie Day | Dec. 8
- Gingerbread House Day | Dec. 12
- National Cocoa Day | Dec. 13
- National Cupcake Day | Dec. 15
- Go Caroling Day | Dec. 20
- National Crossword Puzzle Day | Dec. 21
- Yule/Winter Solstice | Dec. 21
- National Cookie Exchange Day | Dec. 22
- Christmas | Dec. 25
- Boxing Day | Dec. 26

### NOTABLE BIRTHDAYS + ANNIVERSARIES
- Pearl Harbor Bombing | Dec. 7, 1941
- Emily Dickinson | Dec. 10
- U.S. National Guard Birthday | Dec. 13
- Bill of Rights ratification | Dec. 15, 1791
- Jane Austen | Dec. 16, 1775
- Ludwig van Beethoven | Dec. 16, 1770
- The Mayflower landing | Dec. 21, 1620
- Jane Fonda | Dec. 21
- Clara Barton | Dec. 25

Click on highlighted events or names to learn more and get celebration or recipe ideas!
Pear & Pepper
Quesadilla

Serves 33 (1 quesadilla & 1/4 cup pear salsa)
Per Serving 386 cal., 19.8 g pro., 14.9 g fat, 46.4 g carb., 501.8 mg sod.
Meal Pattern 2-oz.-eq. meat/meat alternate, 1.5-oz.-eq. grains, 3/8 cup fruit

Ingredients
33 tortillas, whole-grain, 8-in.
106 oz. pears, canned, diced, extra light syrup, drained*
1 lb., 2 oz. red bell pepper, diced
1 oz. green onions, fresh, sliced
1 cup cilantro, fresh, chopped
1 Tbsp. chipotle peppers in adobe sauce
3 lbs. turkey ham, fully cooked, diced, chilled or frozen
1 lb. 1 oz. cheddar cheese, reduced-fat, shredded
1 lb. mozzarella cheese, shredded

Directions
1. Preheat oven to 350°F.
2. Drain pears and place in a large mixing bowl. Note: It’s best to drain pears overnight to remove maximum amount of liquid.
3. Dice bell peppers into ½-in. pieces and finely chop green onions, cilantro and chipotle peppers. Add to mixing bowl.
4. Add diced turkey ham to mixing bowl. Mix to combine, and then set aside.
5. In a separate bowl, combine the shredded cheddar and mozzarella cheeses. CCP: Hold at 41° F or lower.
7. Using a #8 scoop, place ½ cup of the pear mixture on one half of each tortilla. Using a 2-oz. spoodle, top with 1 oz. shredded cheese blend. Fold in half. Spray the top of the quesadillas with pan-release spray.
8. Bake at 350°F for 10 to 12 minutes or until tortillas are toasted and cheese is melted. Optional: place a sheet pan on top of quesadillas for improved browning. CCP: Hold and serve at 135° F or above.

*Notes
Pacific Northwest #10 can diced, extra light syrup pears can be used in this recipe.

Recipe, Photo and Nutrition and Meal Pattern Analyses
Pacific Northwest Canned Pears, www.eatcannedpears.com
MONTH-LONG EVENTS
- International Creativity Month
- National Blood Donor Month
- National Hobby Month
- National Oatmeal Month
- National Thank You Month
- National Skating Month
- National Slow Cooking Month
- National Soup Month
- Veganuary
- National Poverty in America Awareness Month

WEEK-LONG/MULTI-DAY EVENTS
- Folic Acid Awareness Week | Jan. 1-7
- National Pizza Week | Jan. 14-20
- Universal Letter Writing Week | Jan. 14-20
- National Storytelling Week | Jan. 30-Feb. 6

SINGLE-DAY EVENTS
- National Science Fiction Day | Jan. 2
- National Write to Congress Day | Jan. 3
- National Spaghetti Day | Jan. 4
- National Trivia Day | Jan. 4
- World Braille Day | Jan. 4
- National Bird Day | Jan. 5
- Orthodox Christmas | Jan. 7
- National Gluten-Free Day | Jan. 8
- National Apricot Day | Jan. 9
- National Milk Day | Jan. 11
- Orthodox New Year | Jan. 14
- Martin Luther King, Jr., Day | Jan. 15
- National Bagel Day | Jan. 15
- National Popcorn Day | Jan. 19
- National Hot Sauce Day | Jan. 22
- National Pie Day | Jan. 23
- National Puzzle Day | Jan. 29

NOTABLE BIRTHDAYS + ANNIVERSARIES
- J.R.R. Tolkien | Jan. 3
- Isaac Newton | Jan. 4
- Elvis Presley | Jan. 8
- Alexander Hamilton | Jan. 11
- Martin Luther King, Jr. | Jan. 15
- Betty White | Jan. 17
- Dolly Parton | Jan. 19
- Mozart | Jan. 27
- Oprah Winfrey | Jan. 29
- Jackie Robinson | Jan. 31

Click on highlighted events or names to learn more and get celebration or recipe ideas!
January 14-20 is National Pizza Week!

The Max® Stuffed Crust Margherita-Style Pizza

Serves 14 (1 slice)

Per Serving 424 cal., 21 g pro., 16 g fat, 48 g carb., 994 mg sod., 8 g sugar

Ingredients
Conagra Foodservice MAX® Stuffed Crust Cheese Pizza, 14 slices
8 tomatoes, fresh, sliced
1 cup mozzarella cheese, shredded
1 cup basil, fresh, shredded

Directions
1. Place The MAX® Stuffed Crust Cheese Pizza slices on a parchment-lined baking sheet. The product fits 14 slices to a baking sheet or can be displayed as a 16-in. pizza pie and fit 12 slices to a pan.
2. Top the pizza with freshly sliced tomatoes, mozzarella cheese and basil. If desired, the mozzarella cheese and basil can be removed from recipe.
3. Bake at 375°F for 9 to 11 minutes.

Recipe, Photo and Nutritional and Meal Pattern Analyses
Conagra Foodservice, www.conagrafoodservice.com

Sponsored by Conagra Foodservice
# FEBRUARY 2024

## MONTH-LONG EVENTS
- American Heart Month
- **Black History Month**
- Great American Pie Month
- International Friendship Month
- National Arts Month
- National Cherry Month
- National Grapefruit Month
- National Hot Breakfast Month
- National Library Lovers Month
- National Sweet Potato Month
- National Women Inventors Month

## WEEK-LONG/MULTI-DAY EVENTS
- Women’s Heart Week | Feb. 1-7
- Burn Awareness Week | Feb. 4-10
- National Pancake Week | Feb. 19-25
- Pride in Foodservice Week | Feb. 5-9

## SINGLE-DAY EVENTS
- National Dark Chocolate Day | Feb. 1
- Groundhog Day | Feb. 2
- National Tater Tot Day | Feb. 2
- **National Wear Red Day** | Feb. 2
- National Homemade Soup Day | Feb. 4
- National Chopsticks Day | Feb. 6
- National Pizza Day | Feb. 9
- Lunar/Chinese New Year (Year of the Dragon) | Feb. 10
- Fat Tuesday/Mardi Gras | Feb. 13
- National Cheddar Day | Feb. 13
- Valentine’s Day | Feb. 14
- President’s Day | Feb. 19
- **National Muffin Day** | Feb. 20
- National Strawberry Day | Feb. 27
- National Pokémon Day | Feb. 27
- National Pancake Day | Feb. 28

## NOTABLE BIRTHDAYS + ANNIVERSARIES

<table>
<thead>
<tr>
<th>Birthday</th>
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<tr>
<td>Frederick Douglass</td>
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<td>Babe Ruth</td>
<td>Feb. 6</td>
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<td>Michael Jordan</td>
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<td>George Washington</td>
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<td>W.E.B. Du Bois</td>
<td>Feb. 23</td>
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<td>Johnny Cash</td>
<td>Feb. 26</td>
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Click on highlighted events or names to learn more and get celebration or recipe ideas!
February is National Cherry Month!

Cherry Berry Sunrise

Serves 50

Per Serving 194 cal., 2.4 g pro., 4 g fat, 39 g carb., 3 mg sod.

Meal Pattern 1/2 cup fruit

Ingredients

8 lb., 8 oz. sweet cherries, frozen, pitted, unsweetened
5 lb., 4 oz. blueberries, frozen
5 lb., 4 oz. strawberries, frozen, whole or sliced
1 cup cornstarch
1 2/3 cups sugar, white
12 oz. rolled oats, dry, uncooked
1 cup brown sugar
1/4 cup cinnamon
3/4 cup olive oil

Directions

1. In a large bowl, mix the sweet cherries, blueberries, strawberries, white sugar and cornstarch.
2. Spray two full-size steamtable pans lightly with nonstick cooking spray. Evenly distribute the berry mixture into the pans.
3. Bake in a conventional oven at 350°F for 50 minutes. CCP: Heat to 135°F or higher for at least 15 seconds. Hot hold at 135°F for service.
4. Mix the rolled oats, brown sugar, cinnamon and olive oil in a bowl.
5. Spread oat mixture out evenly across a 2-in.-deep steamtable pan.
6. Bake the oat mixture at 350°F for 35 minutes. Stir halfway through baking time. The topping should be a light toasted brown color.
7. Serve 1/2 cup (using 4-oz. spoodle) of warm berry mixture.
8. Sprinkle with 2 Tbsp. toasted oat topping.

Recipe, Photo and Nutritional and Meal Pattern Analyses

Montana Office of Public Instruction, (FY2021 Cohort A Team Nutrition Training Grant for School Meal Recipe Development), www opi mt gov

Sponsored by Conagra Foodservice
MONTH-LONG EVENTS
- Gender Equality Month
- Irish-American Heritage Month
- National Celery Month
- National Crafting Month
- National Music in Our Schools Month
- National Nutrition Month
- National Noodle Month
- National Reading Month
- Women’s History Month
- Youth Art Month

WEEK-LONG/MULTI-DAY EVENTS
- Read Across America Week | Mar. 2-6
- National School Breakfast Week | Mar. 4-8
- Food Waste Action Week | Mar. 4-10
- Ramadan | Mar. 11-Apr. 9
- National Bubble Week | Mar. 19-26

SINGLE-DAY EVENTS
- World Compliment Day | Mar. 1
- National Snack Day | Mar. 4
- World Obesity Day | Mar. 4
- National Cereal Day | Mar. 7
- International Women’s Day | Mar. 8
- Registered Dietitian Nutritionist Day | Mar. 13
- International School Meals Day | Mar. 14
- Pi Day | Mar. 14
- St. Patrick’s Day | Mar. 17
- Global Recycling Day | Mar. 18
- National Poultry Day | Mar. 19
- Spring Equinox | Mar. 19
- World Down Syndrome Day | Mar. 21
- Holi | Mar. 25
- National Spinach Day | Mar. 26
- Good Friday | Mar. 29
- Easter | Mar. 31

NOTABLE BIRTHDAYS + ANNIVERSARIES
- U.S. Peace Corps | Mar. 1
- Yellowstone National Park opens | Mar. 1, 1872
- Michelangelo | Mar. 6
- Albert Einstein | Mar. 14
- Ruth Bader Ginsburg | Mar. 15
- Fred Rogers | Mar. 20
- Harry Houdini | Mar. 24
- Aretha Franklin | Mar. 25
- Tennessee Williams | Mar. 27

Click on highlighted events or names to learn more and get celebration or recipe ideas!
Turkey Breakfast Burrito Bowl

Serves 50

Per Serving: 350 cal., 18 g pro., 17 g fat, 32 g carb., 703 mg sod.

Meal Pattern: 2.5-oz.-eq. meat/meat alternate, 1.5-oz.-eq. grains, 1/4 cup vegetable

Ingredients:
- 5 lb., 10 oz. turkey thigh roast, frozen, thawed*
- 3 lb. potatoes, diced, frozen, no salt added
- 2 Tbsp. vegetable oil
- 1 Tbsp. granulated garlic
- 1 Tbsp. onion powder
- 2 tsp. paprika
- 50 egg patties
- 1 lb., 9 oz. cheddar cheese, reduced-fat, shredded
- 50 tortillas, whole grain, 8-in.
- 1 qt., 2 1/4 cups salsa, low-sodium, canned

Directions:
1. Preheat oven to 350°F. Line a full 4-in. steamed table pan with a full 4-in. perforated pan. Place the turkey roasts in steam table pans and shred, removing any fatty pieces. Cover and cook for 30 minutes.
2. Remove from the oven and stir. Return to oven and cook for 30 more minutes. CCP: Heat to 165°F or higher for 15 seconds and hold at 140°F or higher.
3. Remove the perforated pan and drain excess juices to prevent tortillas from getting soggy.
4. Remove potatoes from the freezer and allow to sit at room temperature for 15 minutes. Toss frozen potatoes with granulated garlic, onion powder and paprika.
5. Place the potatoes on a full-size sheet pan lined with parchment paper. Bake for 20 minutes. Remove from the oven, toss and cook for 15 more minutes or until golden brown. CCP: Heat to 140°F for at least 15 seconds and hold at 140°F or higher.
6. Place the egg patties in perforated steam pan and steam for 6 to 8 minutes. CCP: Heat to 165°F or higher for 15 seconds and hold at 140°F or higher.
7. Warm the tortillas, and place in a bowl with an egg patty in the center. Top with 1/8 cup seasoned potatoes, 1.8 oz. shredded turkey and ½ oz. cheese. Serve with 2 Tbsp. salsa.

Recipe, Photo and Nutritional and Meal Pattern Analyses
Butterball Foodservice,
www.butterballfoodservice.com

*Notes
Butterball K-12 Turkey Thigh Roast can be used in this recipe.
### APRIL 2024

#### MONTH-LONG EVENTS
- Arab-American Heritage Month
- Earth Month
- Move More Month
- National Garden Month
- National Garlic Month
- National Grilled Cheese Month
- National Poetry Month
- National Volunteer Month
- School Library Month
- World Autism Month

#### WEEK-LONG/MULTI-DAY EVENTS
- National Public Health Week | Apr. 1-7
- National Wildlife Week | Apr. 5-9
- National Library Week | Apr. 7-13
- Passover | Apr. 22-30
- Eid al-Fitr | Apr. 9-10

#### SINGLE-DAY EVENTS
- April Fools’ Day | Apr. 1
- National Peanut Butter & Jelly Day | Apr. 2
- World Autism Awareness Day | Apr. 2
- International Carrot Day | Apr. 4
- National Burrito Day | Apr. 4
- National Scrabble Day | Apr. 13
- National Gardening Day | Apr. 14
- World Art Day | Apr. 15
- National Banana Day | Apr. 17
- National Garlic Day | Apr. 19
- Earth Day | Apr. 22
- National Picnic Day | Apr. 23
- Alien Day | Apr. 26
- Stop Food Waste Day | Apr. 26
- International Dance Day | Apr. 29
- National Bubble Tea Day | Apr. 30
- National Raisin Day | Apr. 30

#### NOTABLE BIRTHDAYS + ANNIVERSARIES
- Maya Angelou | Apr. 4
- William Shakespeare | Apr. 23
- First U.S. space shuttle flight | Apr. 12, 1981
- Shirley Temple | Apr. 23
- Leonardo da Vinci | Apr. 15
- Ella Fitzgerald | Apr. 25
- Selena Quintanilla | Apr. 16
- Bugs Bunny’s first appearance | Apr. 30, 1938

Click on highlighted events or names to learn more and get celebration or recipe ideas!
April 17 is National Banana Day!

Banana Split Yogurt Parfaits

Serves 16
Per Serving 410 cal., 7 g pro., 6 g fat, 81 g carb., 160 mg sod.
Meal Pattern 1-oz.-eq. meat/meat alternate, 1-oz.-eq. grains, 1 cup fruit

Ingredients

3 lb., 8 oz. bananas
1 lb. diced pineapple, canned, reserve juice
1 lb., 6 oz. mandarin oranges, canned, drained
12 oz. strawberries, fresh, sliced
11 oz. blueberries, fresh
4 lb. low-fat vanilla yogurt*
1 lb. granola cereal*

Directions

1. Peel and slice bananas in half the longways; place into reserved pineapple juice.
2. Combine pineapple, mandarin oranges, strawberries and blueberries together.
3. Place 2 halves of banana into 16 plastic “banana split” boats or paper fry boats; pipe in 4 oz. yogurt between banana halves.
4. Scatter 1/2 cup of mixed fruit on top; add 1 oz. granola right before service.
5. Serve chilled.

Recipe, Photo and Nutrition and Meal Pattern Analyses
General Mills Foodservice, www.generalmillscf.com

*Notes
Yoplait® ParfaitPro® Lowfat Vanilla Yogurt and Nature Valley™ Oats ‘n Honey Granola Cereal can be used in this recipe
MAY 2024

MONTH-LONG EVENTS
- Celiac Disease Awareness Month
- Food Allergy Awareness Month
- Jewish American Heritage Month
- Mental Health Awareness Month
- Military Appreciation Month
- National Asparagus Month
- National Foster Care Month
- National Hamburger Month
- National Salad Month
- National Salsa Month

WEEK-LONG/MULTI-DAY EVENTS
- Children's Book Week | May 2-8
- National Pet Week | May 5-11
- National Nurses Week | May 6-12
- Teacher Appreciation Week | May 6-10
- Food Allergy Awareness Week | May 13-19

SINGLE-DAY EVENTS
- School Principals' Day | May 1
- School Lunch Hero Day | May 3
- National Space Day | May 3
- Kentucky Derby | May 4
- Orthodox Easter | May 5
- National Teacher Day | May 7
- National School Nurse Day | May 8
- Mother's Day | May 12
- International Hummus Day | May 13
- International Day of Families | May 15
- World Bee Day | May 20
- Eat More Fruits and Vegetables Day | May 21
- National Talk Like Yoda Day | May 21
- World Turtle Day | May 23
- Memorial Day | May 27
- World Hunger Day | May 28
- National Creativity Day | May 30

NOTABLE BIRTHDAYS + ANNIVERSARIES
- J.M. Barrie | May 9
- First official Mother’s Day | May 9, 1914
- Stevie Wonder | May 13
- George Lucas | May 14

American Red Cross forms | May 21, 1881
- Harvey Milk | May 22
- Sally Ride | May 26
- Bob Hope | May 29

Click on highlighted events or names to learn more and get celebration or recipe ideas!

Sponsored by Conagra Foodservice
May is National Salad Month!

"Peas on Earth" Taco Salad

Serves: 100

Per Serving: 283 cal., 19 g pro., 10 g fat, 32 g carb., 651 mg sod.

Meal Pattern: 1.5-oz.-eq. meat/meat alternate, 0.25-oz.-eq. grains, 1 3/8 cups vegetables (1 cup dark green, 1/4 cup legumes, 1/8 cup starchy vegetables)

Ingredients:

- 2 qt., 1 cup mayonnaise, low-fat
- 4 cups yogurt, high protein/Greek, plain, nonfat
- 1 qt. 1/2 cups milk, low-fat 1%
- 11/4 cups ranch seasoning, dry
- 3/4 cup cilantro, leaves, dried
- 11/2 cups lime juice
- 11/2 cup salsa verde
- 2 qt., 1 cup split peas, green, dry
- 3 gal., 2 cups water
- 3/4 cups taco seasoning, low sodium
- 25 lb., 10 oz. romaine lettuce, fresh, chopped
- 1 lb., 9 oz. Mexican-style cheese blend, shredded
- 4 1/2 lb. corn, whole kernel, no salt added, frozen
- 10 lb., 10 oz. chicken, fajita strips
- 1 lb., 11 oz. green onions, chopped with tops
- 1 lb., 9 oz. tortilla chips, whole-grain, crushed
- 2 cups cilantro, fresh, chopped (optional)

Directions:

1. Thaw corn and chicken in the refrigerator the day before.
2. In a large bowl or round storage container, whisk together the mayonnaise, yogurt, milk, ranch seasoning, cilantro and lime juice. Whisk until mixture is smooth. Stir in the salsa verde.
3. Rinse split peas and drain well. Bring water to a boil and add split peas. Reduce heat to a simmer. Cook split peas uncovered until cooked al dente, about 15 to 20 minutes.
4. Drain and run under cold water to cool. Toss with taco seasoning. CCP: Cool to 70°F or lower within 2 hours and 40°F or lower within 6 hours.
5. Serve 2 cups romaine topped with 1/4 oz. cheese, 1/4 cup seasoned split peas, 2 Tbsp. corn, 1.7 oz. chicken, 1 Tbsp. green onions, 2 oz. dressing and 1/4 oz. crushed tortilla chips. Garnish with chopped, fresh cilantro (optional).

Recipe, Photo and Nutritional and Meal Pattern Analyses

USA Pulses, American Pulse Association, USA
Dry Pea & Lentil Council, www.usapulses.org

Sponsored by Conagra Foodservice
JUNE 2024

MONTH-LONG EVENTS
- Great Outdoors Month
- National Dairy Month
- National Fresh Fruit and Vegetables Month
- National Lemon Month
- National Mango Month
- National Oceans Month
- National Pollinators Month
- National Soul Food Month
- Pride Month
- Turkey Lovers Month

WEEK-LONG/MULTI-DAY EVENTS
- Stepparents Week | June 1-7
- National Garden Week | June 2-8
- National Flag Week | June 9-15
- National Pollinator Week | June 17-23
- Deafblind Awareness Week | June 25-July 1

SINGLE-DAY EVENTS
- World Bicycle Day | June 3
- National Cheese Day | June 4
- World Environment Day | June 5
- National Donut Day | June 7
- World Food Safety Day | June 7
- National Corn on the Cob Day | June 11
- Superman Day | June 12
- Flag Day | June 14
- Father’s Day | June 16
- National Eat Your Vegetables Day | June 17
- International Picnic Day | June 18
- International Sushi Day | June 18
- Juneteenth | June 19
- World Day of Music | June 21
- National Smoothie Day | June 21
- International Fairy Day | June 24
- National PTSD Awareness Day | June 27

NOTABLE BIRTHDAYS + ANNIVERSARIES
- Martha Washington | June 2
- D-Day | June 6, 1944
- Prince | June 7
- Maurice Sendak | June 10
- Anne Frank | June 12
- Harriet Beecher Stowe | June 14
- U.S. Army | June 14
- Meryl Streep | June 22
- Anthony Bourdain | June 25
- Helen Keller | June 27

Click on highlighted events or names to learn more and get celebration or recipe ideas!
MaxStix® Buffalo Stix

Serves 54 (1 stick with 1/4 cup dressing)

Per Serving 441 cal., 8 g pro., 37 g fat, 20 g carb., 2 g fiber, 1,278 mg sod., 5 g sugar

Ingredients

54 Conagra Foodservice MAX® Mozzarella MaxStix
2 cups buffalo sauce or hot sauce
13 1/2 cups ranch or blue cheese dressing

Directions

1. Place The MAX® Mozzarella MaxStix® on a parchment-lined baking sheet (54 MaxStix fit on one pan) and brush on your favorite hot sauce or buffalo sauce.
2. Bake in the oven for 10-12 minutes at 375°F.
3. Serve with a side of ranch or blue cheese dressing for a Southwestern flavor kids love.

Recipe, Photo and Nutritional and Meal Pattern Analyses

Conagra Foodservice, www.conagrafoodservice.com
MONTH-LONG EVENTS
- Eggplant Month
- National Baked Beans Month
- National Berries Month
- National Corn Month
- National Culinary Arts Month
- National Fishing Month
- National Hot Dog Month
- National Ice Cream Month
- National Make a Difference to Children Month
- Parks and Recreation Month

WEEK-LONG/MULTI-DAY EVENTS
- Clean Beaches Week | July 1-7
- Wimbledon | July 1-14
- National Zoo Keeper Week | July 18-24
- 2024 Summer Olympics | July 26-Aug. 11

SINGLE-DAY EVENTS
- American Zoo Day | July 1
- International Chicken Wing Day | July 1
- Independence Day | July 4
- National Fried Chicken Day | July 6
- National Blueberry Day | July 8
- Teddy Bear Picnic Day | July 10
- National Blueberry Muffin Day | July 11
- Shark and Ray Awareness Day | July 14
- National Cherry Day | July 16
- World Emoji Day | July 17
- International Chess Day | July 20
- Mango Day | July 22
- World Tofu Day | July 26
- World Nature Conservation Day | July 28
- National Lasagna Day | July 29
- International Day of Friendship | July 30
- National Avocado Day | July 31

NOTABLE BIRTHDAYS + ANNIVERSARIES
- First U.S. Zoo opens | July 1, 1874
- Princess Diana | July 1
- Civil Rights Act of 1964 | July 2
- Nikola Tesla | July 10
- E.B. White | July 11
- Disneyland opens | July 17, 1955
- Alex Trebek | July 22
- Amelia Earhart | July 24
- Beatrix Potter | July 28
- Harry Potter | July 31

Click on highlighted events or names to learn more and get celebration or recipe ideas!
Supersonic Strawberry Blenderless Smoothie

**Serves** 15 (8 oz.)

**Per Serving** 150 cal., 6 g pro., 1.5 g fat, 28 g carb., 75 mg sod.

**Meal Pattern** 1-oz.-eq. meat/meat alternate, 1/2 cup fruit

**Ingredients**
- 30 oz. strawberry puree, frozen, thawed*
- 30 oz. pineapple juice*
- 60 oz. low-fat vanilla yogurt

**Directions**
1. Add the thawed strawberry puree, yogurt and juice to a mixing bowl.
2. Whisk until all ingredients are incorporated together.
3. Pour into cups and serve chilled.

**Recipe and Nutrition and Meal Pattern Analyses**
Dole, [www.dolefoodservice.com](http://www.dolefoodservice.com)

**Photo**
Getty Images

***Notes**
DOLE Chef-Ready Strawberry Frozen Puree and DOLE pineapple juice can be used in this recipe.