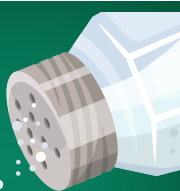


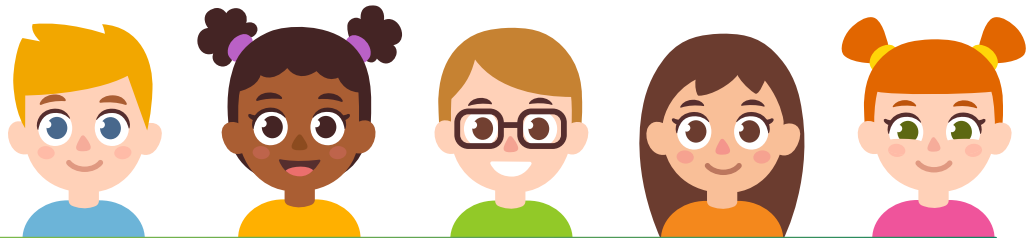
SCHOOL MEAL SODIUM STANDARDS: STRIKE A HEALTHY BALANCE



School meals combat child hunger & obesity and support student success

30 million

students every school day are served nutritious meals that meet USDA's Target 1 sodium reductions.



Nutritious: Research shows U.S. children get their healthiest meals at school

Moving too far, too fast

on further sodium mandates threatens the progress made over the last decade



ONLY 11%

of school meal program directors expect to meet final sodium targets. Challenges include product availability and naturally occurring sodium in nutritious foods like low-fat milk, cheese & meat.

97%

are concerned final sodium targets will cause more students to skip school meals & miss out on the nutritional benefits.



These healthy meals **DON'T MEET** Final Target sodium limits.



USDA, Congress and school nutrition professionals can work together to implement science-based, common sense school meal sodium rules

Ease

the timeline for Target 2 sodium reductions. Schools need until July 2024 to meet this goal.

Eliminate

unachievable Final Target sodium mandates.

Empower

schools that are able to voluntarily reduce sodium beyond Target 2.

Find out more at Schoolnutrition.org/sodium



**SCHOOL
NUTRITION
ASSOCIATION**

Feeding Bodies. Fueling Minds.®