



## Prizes for SNA's "Power Your Steps" Third Quarter Wellness Challenges

### *Official Rules*

#### **How to Enter**

STEPS Challenge prize winners will be drawn at random at the end of each month. To enter the random prize drawing, STEPS challenge participants must be registered users on the SNA Strive to Thrive mobile app. There is no separate entry form; every STEPS participant that meets or surpasses any official SNA STEPS and wellness challenge is automatically entered in the drawing.

No responsibility is assumed by SNA, and entrants waive all claims for lost, late, illegible, or misdirected entries or for any problems of technical malfunction of any telephone network or lines, computer equipment, software, failure of any internet service provider or any combination thereof including without limitation any damage to entrant's or any other person's computer resulting from participation in this promotion.

#### **Prizes**

A prize drawing will be conducted at the end of each month from the pool of STEPS Challenge participants. **One (1) winner will receive the grand prize: a \$150 gift card at the end of the third quarter challenge on October 14! To be eligible for the grand prize, you must receive 150,000 or more steps via the SNA Strive to Thrive mobile app.**

**Three (3) other prizes will be given to one random winner based on each of the monthly challenges below:**

- **July 2022 Challenge:** Begin the quarter with gratitude and utilize the [gratitude journal](#) in the Strive to Thrive mobile app. The gratitude journal will require you to write three (3) things you are grateful for or the positive events that have happened in your day. Practice July 2022 Challenge using the gratitude journal and submit a minimum of *fifteen (15)* different gratitude journals by **July 31, 2022**. **All fifteen (15) gratitude journals must be completed in the month of July.**
- **August 2022 Challenge:** Begin a [meditation practice](#) and try a minimum of *ten (10)* different meditation sessions in the Strive to Thrive mobile app by **August 31, 2022**. **All ten (10) meditation sessions must be completed in the month of August.**
- **September 2022 Challenge:** Step up to the challenge and reach a minimum step goal of *75,000 steps* by **September 30, 2022**. Bonus steps are included so be sure to take advantage

of the meditation and gratitude modules in the app to receive them. **The step goal must be completed during the month of September.**

**These prizes will include: \$50 gift card for the July 2022 challenge winner; \$75 gift card for the August 2022 challenge winner and \$100 gift card for the September 2022 challenge winner.** No substitution or transfer of prizes permitted. No purchase necessary. There is no entry fee of any kind for this sweepstakes. Void where prohibited or restricted by law.

## Prize Drawing

All sweepstakes winners will be selected in a random drawing to be conducted at the end of each month. The grand prize winner will be selected at the end of the third quarter on October 14, 2022, and receive 150,000 or more steps via the SNA Strive to Thrive mobile app to be eligible. The winners will be notified by email or telephone call within three (3) business days of drawing date. A prize winner may choose to decline the prize upon notification if he/she so wishes. If SNA is unable to contact potential winner(s) by email or if any potential winner fails to respond to the prize notification within three (3) business days of issuance of notification or if any winner fails to comply with any of the requirements, an alternate winner shall be selected through another random drawing. If, in SNA's opinion, there is any suspected or actual evidence of electronic or non-electronic tampering with any portion of the sweepstakes, or if technical difficulties compromise the integrity of the promotion, SNA reserves the right to terminate the promotion and conduct a random drawing to award prizes using all currently eligible online entries received as of the termination date. Should the promotion be terminated prior to the stated expiration date, notice will be posted on [www.schoolnutrition.org/learning-center/steps/](http://www.schoolnutrition.org/learning-center/steps/)

## Eligibility

This prize drawing is open to registered users on the SNA Strive to Thrive mobile app and met or surpassed any official SNA wellness challenge, age 18 years or older, who are school nutrition professionals or employees employed by a school district or school nutrition operation. ***The prize drawing is not available to SNA industry/corporate members.*** This sweepstakes is not available in any state or local jurisdiction where prohibited or restricted by law. There is no separate entry form. A registered user is registered on the SNA Strive to Thrive mobile app.

A prize winner is not eligible for subsequent drawings. This sweepstakes is not open to current SNA board members, employees of SNA or immediate family members. By entering, participants without limitation, release and hold harmless SNA and its affiliates, licensees, franchisees, subsidiaries, advertising, and promotion agencies from any and all liability for any injuries, loss or damage of any kind in connection with this sweepstakes or acceptance and use of a prize won. One entry per person is allowed. No purchase necessary. There is no entry fee of any kind for this sweepstakes. Void where prohibited or restricted by law.