

SUPPORT

# school meals

A VALUABLE & VITAL STUDENT STAPLE

Amid pandemic uncertainties, school meals remain a reliable source of nourishment for students, supporting their health and achievement while combatting food insecurity. However, persistent pandemic challenges threaten the stability of school meal programs that millions of American families depend on.

98%

of school meal programs are struggling with shortages of menu items, supplies and packaging



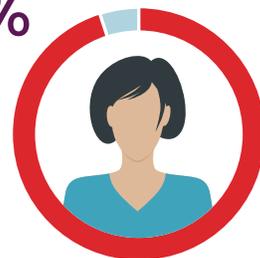
97%

are challenged by higher costs



95%

of schools have staff shortages



Congress must bolster the **NATIONAL SCHOOL LUNCH AND BREAKFAST PROGRAMS (NSLP/SBP)** to ensure all students are nourished and ready to learn:

### EXTEND

child nutrition waivers through SY 2022/23 to address supply chain disruptions and continued pandemic challenges

### PROVIDE

more revenue for school meals to cover higher food/labor costs

- ✓ Increase NSLP/SBP reimbursements
- ✓ Expand NSLP/SBP to offer free meals to all students

### REDUCE

meal planning complexities

- ✓ Delay Target 2 sodium rules & eliminate Final Target
- ✓ Restore 50% whole grain rich rule
- ✓ Allow low-fat, flavored milk

### CUT

the red tape

- ✓ Maximize staff time and funds for meal prep
- ✓ Implement Congressionally mandated Child Nutrition Reporting Burden Analysis Study



Feeding Bodies. Fueling Minds.®

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# 2022 Position Paper

Throughout the pandemic, nutritious school meals have [contributed to student achievement](#), supported America's families and provided a critical safety net during economic hardships. With the help of [federal child nutrition waivers](#), school nutrition professionals have ensured safe and consistent access to healthy meals for students. School meal programs now endure acute supply chain, labor, financial and regulatory [challenges](#) and require Congress and USDA's continued support. *To promote the health and success of students and ensure the sustainability of school meal programs, the non-profit School Nutrition Association (SNA) urges Congress to:*

## **Extend pandemic-related child nutrition waivers through School Year (SY) 2022/23**

Persistent national supply chain disruptions and labor shortages have severely impacted the financial and operational sustainability of school meal programs. Widespread [issues](#) with discontinued menu items, shortages and higher prices are already wreaking havoc on the SY 2022/23 bid process. To plan for next school year, school nutrition programs and their suppliers urgently need the assurance of waiver extensions through SY 2022/23.

*Make the following **permanent** changes to Child Nutrition Programs:*

- **Increase National School Lunch and School Breakfast Program (NSLP/SBP) reimbursements.**  
During the pandemic, free meals have been reimbursed at the higher Summer Food Service Program (SFSP) rate. However, in a November 2021 [SNA survey](#), only about half of school meal program directors indicated that the SFSP reimbursement rates sufficiently covered the costs of producing school breakfast and lunch, including food, labor, supplies and pandemic costs. Returning to NSLP/SBP reimbursement rates would increase meal program losses and cut into education budgets, impeding efforts to meet the needs of students and jeopardizing progress in school nutrition programs.
- **Expand NSLP/SBP to offer healthy school meals for all students at no charge to support academic achievement.**  
Students, families and school meal programs alike have reaped the benefits of offering equal access to free school meals during the pandemic and through the Community Eligibility Provision (CEP). [Research](#) shows students receive their healthiest meals at school, and school meals are [proven](#) to support learning and improve attendance and classroom behavior. No child goes hungry during the school day or accrues [unpaid meal debt](#), a burden on families and school district budgets. School nutrition professionals can focus on nourishing students and spend less time on paperwork and reporting requirements.
- **Ease sodium, whole grain and milk requirements.**  
Nutritious school meals already meet Target 1 [sodium reductions](#). Giving schools more time to meet Target 2 limits and eliminating unachievable Final Targets will preserve this progress and ensure students continue to consume school meals, which include fruits, vegetables and milk. Congress should also restore the rule that half of all grains be whole grain rich and permit schools to offer low-fat flavored milk.
- **Reduce regulatory and administrative burdens.**  
Overly complex federal regulations divert resources from the mission of serving students and impede efforts to quickly and creatively adapt meal services during emergencies. Congress should direct USDA to implement the recommendations of the congressionally-mandated [Child Nutrition Reporting Burden Analysis Study](#) and the forthcoming Government Accountability Office (GAO) study of [USDA Foods in Schools](#).