

Cumberland County School Nutrition Program — Summer Feeding Program Cycle 1



Meal Component		Monday July 22, 2013		Tuesday July 23, 2013		Wednesday July 24, 2013		Thursday July 25, 2013		Friday July 26, 2013
Lunch Meat or Meat Alternate	1 ea	Whole Grain Stuffed Crust Pepperoni Pizza CN = 2 M/MA & 2 G	1 ea	Low-Fat Bacon Cheeseburger on Whole Wheat Bun w/ Baked Cheetos	1 ea	BBQ Rib Patty on Whole Wheat Bun w/ .5 oz Sliced American Cheese	1 ea	Breaded Chicken Patty on Whole Wheat Bun	2 ea	Beef & Cheese Tacos
Vegetable/ Fruit	1 ea 1 ea	USDA Strawberry Cup = 1/2 cup 4 oz Veggie Juice	1/2 c 1 ea	Sandwich Trims w/ Green Leaf Lettuce Watermelon Slice (=1/2 cup)	4 ea 1 1/2 c	Baked Potato Smiles Unsweetened Applesauce	1/2c 1/2 c	Baby Carrots & Broccoli w/ Ranch Dip Sliced Peaches in 100% Juice	1 ea 1 ea	USDA Strawberry Cup = 1/2 cup 4 oz Veggie Juice
Bread	1 svg	Whole Grain Crust	1 ea	Whole Wheat Bun	1 ea	Whole Wheat Bun	1 ea	Whole Wheat Bun	2 ea	Whole Grain 6-inch Flour Tortillas
Milk Choice of 1	8 oz 8 oz 8 oz	Mayfield Lowfat 1% Milk Mayfield TruMoo Chocolate Skim Milk Mayfield TruMoo Strawberry Skim Milk	8 oz 8 oz 8 oz	Mayfield Lowfat 1% Milk Mayfield TruMoo Chocolate Skim Milk Mayfield TruMoo Strawberry Skim Milk	8 oz 8 oz 8 oz	Mayfield Lowfat 1% Milk Mayfield TruMoo Chocolate Skim Milk Mayfield TruMoo Strawberry Skim Milk	8 oz 8 oz 8 oz	Mayfield Lowfat 1% Milk Mayfield TruMoo Chocolate Skim Milk Mayfield TruMoo Strawberry Skim Milk	8 oz 8 oz 8 oz	Mayfield Lowfat 1% Milk Mayfield TruMoo Chocolate Skim Milk Mayfield TruMoo Strawberry Skim Milk
			1 ea 1 ea 1 ea	Reduced Fat Mustard Mayo Ketchup	1 ea 2 ea 1 ea	BBQ Sauce Ketchup Reduced Fat Mayo	1 ea 1 ea 1 ea	Mustard Reduced Fat Mayo Ketchup	2 ea 1 ea	Taco Sauce Fat Free Sour Cream

A Peanut Butter and Jelly Pocket may be offered any day as an additional choice for the M/MA

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Cumberland County School Nutrition Program — Summer Feeding Program Soccer Camp



Meal Component		Monday June 3, 2013		Tuesday June 4, 2013		Wednesday June 5, 2013		Thursday June 6, 2013		Friday June 7, 2013
Lunch Meat or Meat Alternate	6 ea	Breaded Mozzarella Sticks IWC# 5056	1 ea	Grilled Chicken & Swiss #369 and Bacon Sandwich w/ Cheddar Sunchips	1 ea	Pulled Pork on Whole Wheat Bun w/ Plain Lays Potato Chips #601	1 ea	Deli Sliced Turkey, Ham, Cheese & Bacon Club on Hoagie Bun #5668 w/ Sour Cream & Onion Chips #603	3 each	Tyson (all white meat) Chicken Tenders
Vegetable/ Fruit	1 ea 1 ea	Apple Sauce Cup #3432 4 oz Veggie Juice Dragon Punch	1 ea 1 ea	Watermelon Slice (=1/2 cup) 4 oz Apple Juice	1 ea 1 ea	Orange Wedges (1 Orange Wedged) 4 oz Veggie Juice Wango Mango	1 ea 1 ea	USDA Strawberry Cup = 1/2 cup 4 oz Grape Juice	1 c 1 ea	Apple Wedges (1 Apple Wedged) 4 oz Veggie Juice Dragon Punch
Bread	1 svg	Crust	1 ea	Whole Wheat Bun	1 ea	Whole Wheat Bun	1 ea	6 inch Hoagie Bun	1 svg	Breading
Milk Choice of 1	8 oz 8 oz 8 oz	Mayfield Lowfat 1% Milk Mayfield TruMoo Chocolate Skim Milk Mayfield TruMoo Strawberry Skim Milk	8 oz 8 oz 8 oz	Mayfield Lowfat 1% Milk Mayfield TruMoo Chocolate Skim Milk Mayfield TruMoo Strawberry Skim Milk	8 oz 8 oz 8 oz	Mayfield Lowfat 1% Milk Mayfield TruMoo Chocolate Skim Milk Mayfield TruMoo Strawberry Skim Milk	8 oz 8 oz 8 oz	Mayfield Lowfat 1% Milk Mayfield TruMoo Chocolate Skim Milk Mayfield TruMoo Strawberry Skim Milk	8 oz 8 oz 8 oz	Mayfield Lowfat 1% Milk Mayfield TruMoo Chocolate Skim Milk Mayfield TruMoo Strawberry Skim Milk
Condiments	1 ea	2 oz Dipping Sauce	1 ea 1 ea 2 ea	Mustard Mayo Ketchup	1 ea	BBQ Sauce Cup #7678	1 ea 1 ea 1 oz 1 Oz	Mustard Mayo Shredded Lettuce Sliced Tomatoes in bulk with tongs (kids can serve themselves)	1 ea 1 ea	BBQ Sauce Cup #7678 Caramel Dip

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Cumberland County School Nutrition Program — Summer Feeding Program Cycle 2



Meal Component		Monday July 15, 2013		Tuesday July 16, 2013		Wednesday July 17, 2013		Thursday July 18, 2013		Friday July 19, 2013
Lunch Meat or Meat Alternate	1 ea	Pulled Pork Sandwich on Whole Wheat Bun	1 ea	Low-Fat Cheese burger on Whole Wheat Bun	7 ea	Baked Chicken Nuggets	1 ea 2 halves 1 ea	Deli Sliced Turkey or Ham and Cheese Sandwich on Whole Wheat Bread (cut into halves) w/ Sunchips	2 ea	Mini Chicken Sliders on Whole Grain Buns
Vegetable/Fruit	1 ea 1 ea	USDA Strawberry Cup = 1/2 cup 4 oz Veggie Juice	4 ea 1 ea	Baked Potato Smiles Cantaloupe Slice (peeled) (= 1/2 cup)	1/2 c 1/2 c	Sliced Peaches in 100% Juice Mashed Potatoes	1/2 c 1 cup	Sandwich Trims w/ Green Leaf Lettuce Golden Delicious Apple Wedges (1 Apple Wedged)	1 ea 1 ea	4 oz Veggie Juice USDA Strawberry Cup = 1/2 cup
Bread	1 ea	Whole Wheat Bun	1 ea	Whole Wheat Bun	1 svg	Breading	2 ea	Sliced Whole Wheat Bread	2 ea	Whole Grain Slider Buns
Milk Choice of 1	8 oz 8 oz 8 oz	Mayfield Lowfat 1% Milk Mayfield TruMoo Chocolate Skim Milk Mayfield TruMoo Strawberry Skim Milk	8 oz 8 oz 8 oz	Mayfield Lowfat 1% Milk Mayfield TruMoo Chocolate Skim Milk Mayfield TruMoo Strawberry Skim Milk	8 oz 8 oz 8 oz	Mayfield Lowfat 1% Milk Mayfield TruMoo Chocolate Skim Milk Mayfield TruMoo Strawberry Skim Milk	8 oz 8 oz 8 oz	Mayfield Lowfat 1% Milk Mayfield TruMoo Chocolate Skim Milk Mayfield TruMoo Strawberry Skim Milk	8 oz 8 oz 8 oz	Mayfield Lowfat 1% Milk Mayfield TruMoo Chocolate Skim Milk Mayfield TruMoo Strawberry Skim Milk
Condiments	2 ea	BBQ Sauce	1 ea 1 ea 2 ea	Mustard Reduced Fat Mayo Ketchup	2 ea	BBQ Sauce	1 ea 1 ea	Reduced Fat Mayo Mustard	1 ea 1 ea 2 ea	Mustard Reduced Fat Mayo Ketchup

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