

Title: Gourmet Grilled Cheese

Meal Components: Meat/Meat Alternate; Grain

Notes:

*See Marketing Guide for purchasing information on foods that will change during preparation or when a variation of the ingredient is available.

Food as Purchased for

96 Servings

Serving

1 sandwich provides 2 Meat/Meat Alternate; 2 oz Grain

Nutrients Per Serving:

Calories	310	cal	Sat Fat	6	g	Iron	1.89	mg
Protein	20	g	Chol	31	mg	Calcium	545	mg
Carb	28	g	Vit A	1042	IU	Sodium	566	mg
Total Fat	12	g	Vit C	4	mg	Dietary Fiber	4	g