

Crave & Rave

Featured in *School Nutrition* (March 2020)

Restaurant-Worthy School Breakfast Items on the Menu

1 SERVING



POPTART PARFAITS

INGREDIENTS

- 1 each Frosted Cinnamon Poptart
- 4 ozs. Vanilla yogurt, low-fat
- 1/2 cup Strawberries



1. Cut one Poptart in half either length- or widthwise. Crumble one half of the Poptart in the bottom of a bowl.
2. Add the yogurt on top of the crumbled Poptart.
3. Add the strawberries and crumble the remaining Poptart half on top.
4. CCP: Hold for cold service at 41° F or lower.

Tullahoma City Schools, Tennessee