School Nutrition Play Book: Filling the Gap with School Meals
Warren DeShields
Ideas@Work education sessions are intended to inspire and encourage innovation in school nutrition through peer-to-peer learning and engagement.
Ideas@Work

• 30 minute sessions walking through a big idea
• From concept to implementation
• Ways attendees can do it too
The Big Idea

• Students in the after school programs needed more food than just the ASSP.
• Attended 2015 LAC- Got idea from Michigan SNA members to try “CACFP DINNER PROGRAM”
• Bridgeton qualified for “AT RISK AFTERSCHOOL MEALS”
Planning

What to Consider

• State Agency Application and Training

• Show the Need and Benefits of the Program to Key Stakeholders:
  • Director/BA/Superintendent/Board of Ed/ Teachers/ Coaches/ Principals/ Students

• Getting Foodservice Staff Onboard

• Labor Hours + Employee Benefits
Planning

What to Consider (continued)

• Food Costs:
  • Menu served with minimal labor while still appealing to students

• Justify having the program in your schools
  • What Afterschool programs are open?
  • What sports teams are in season?
  • Are there any other opportunities to feed students?
Implementation – What?

• What I Did
  • Opened the program in two schools (January 2015)
  • September 2016 - opened all 8 schools
Implementation – How?

This is How We Did It!

• Convinced Stakeholders and partners
• Completed application and training with State Agency
• Signed-up afterschool programs and sports teams
• Solved the labor puzzle
• Served students healthy and delicious meals

• From concept to implementation...1 school year.
Results

• Over 1,300 students are enrolled in afterschool programs of which we serve an average of 500 meals per day.
• We bridged the gap of hunger between lunch, afterschool programs and students going home.
• Surprised by positive response from the community and stakeholders. Also student participation.
• Paperwork and record keeping - a challenge - still improving the process
Your Turn

• Contact your State Agency for Training.
• Determine the need and how you can get it done in your district!
• Talk to the BA, Superintendent, Teachers and students. See who’s hungry after school.
• Go slow! Do a school or two at a time so you can find out what works and what doesn’t.
Closing Thoughts

• Bridgeton Dinner Menus

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