



School Meals: Thriving in a 4 Day School Week

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Ideas@Work education sessions are intended to inspire and encourage innovation in school nutrition through peer-to-peer learning and engagement.

Affiliation or Financial Disclosure



- Jill Kidd, RD, SNS Pueblo City Schools, CO
 - Nothing to disclose
- Barbara Peavler Wagoner Public Schools, OK
 - Nothing to disclose



The Big Idea



Schools are moving to 4 days to recruit teachers, reduce costs

- How does school nutrition thrive in a 4 day week model?
- What are the stresses and opportunities for school nutrition?



A Bit About Our District



Pueblo City Schools, Colorado

- 16,500 students
- 62 % Free/Reduced CEP district wide
- Programs – BIC, Lunch, FFVP, At-Risk Supper, Summer Lunch
- Urban district



Planning for change



- Reduce 21 serving days
 - Commodities already ordered when decision was made
 - Change menus to fully utilize all commodities
 - Negotiations with union regarding salary changes
 - Need to reduce labor cost with the least impact on staff
 - CO minimum wage law increasing annually
 - Should we plan meals for students on the 5th day and at what locations?
 - Worked with current CACFP and SLP partner sites for Friday meals



Implementation – What? And How?



- 4 week – 4 day menu cycle developed
 - Selected students favorite menus
- Labor changes
 - Added 1 professional development day for staff
 - Agreed on new contract with union
- Worked with community organizations to offer Friday meals for kids



Results



- Meals served
 - No change in ADP
 - Decrease of 21 days of service and revenue
- Loss of staff due to lower earning opportunity
- Very few students utilized the Friday meal programs
- The reduction to a 16 day cycle menu has created some menu fatigue.
 - We are adding more variety to the menus for next year.



A Bit About Our District



Wagoner Public Schools, Oklahoma

- 2400 students
- CEP 73% free, 27% paid
- Programs – Breakfast, Lunch, Afterschool Snack, Summer Lunch



Implementation – How?



- 2014
 - Tuesday – Friday
 - Childcare and enrichment program on Mondays
- Legislature eliminated 4 day week in the 2019 session



Results



- Meals served
 - No change in ADP
 - Decrease of days of service and revenue
 - Shortened lunch periods



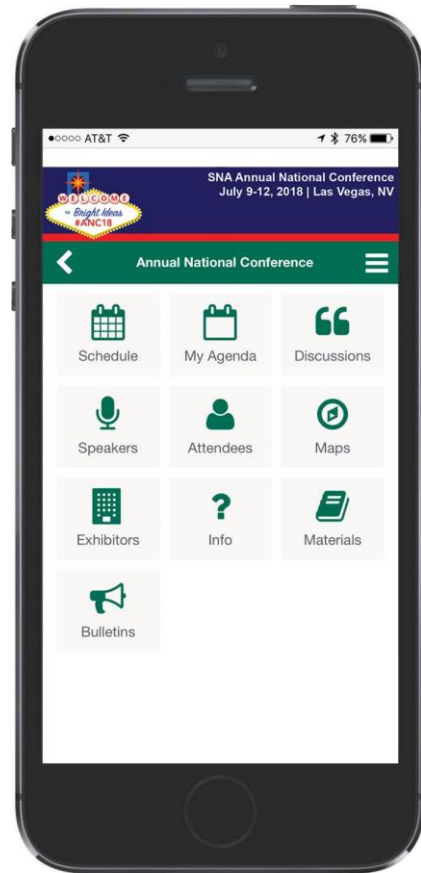
Your Turn



- Are 4 day school weeks being used in your state?
 - District
- What is your experience?
- What are your questions?



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