



Leadership: Your Super Power!

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Jeremy West, SNS

meet
ME
in St. Louis

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Affiliation or Financial Disclosure

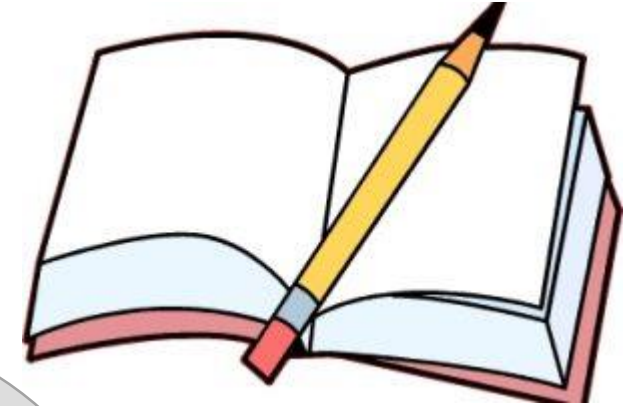
- Vanessa Hayes
 - Nothing to Disclose
- Jeremy West
 - Territory Manager- Ignite Foodservice



Learning Objectives

- Understand the stories we create
- Participants will learn strategies for recognizing the 3 forks in the road on their leadership journeys
- Participants will learn tips for navigating each of the 3 paths of leadership
- Laugh, Cry, Learn and Share Courageously

The Stories We Create



What Happened

Co-worker
snaps at us

The Story

They are prejudice
and don't like me

What's the Danger of a Good Story?

What Happened

Co-worker
snaps at us

The Story

They are super
busy and were
dealing with a 911



The Stories We Create- Jeremy



What Happened

- Babysitter abused me when I was 4/5
- I got in trouble for her actions

The Story

- I'm broken
- I must protect myself by putting up walls/façade

What's Your Lens?



What Happened

- Babysitter Abused Me when I was 4/5
- I got in trouble for her actions
- **Parents Divorced**

The Story

- I'm broken
- I must protect myself by putting up walls/façade
- **Can't count on my parents**

The Stories We Create- Vanessa



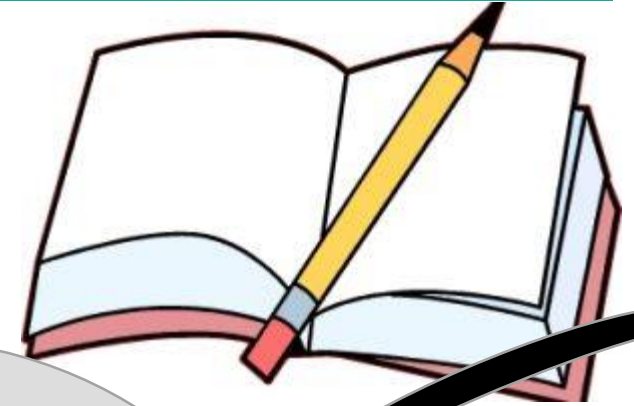
What Happened

- There were stories of lunch application fraud in the system
- I was non-renewed

The Story

- I was not a good director
- It was my fault

What's Your Lens?



What Happened

- There were stories of lunch application fraud in the system
- I was non-renewed

The Story

- There was a political move made by the Board
- I did nothing wrong; the Principal and Board were at fault

Start With Why

Why Do I Do What I Do?

Do I Like What I Do?

Do I Want To Do More Than What I Do?

How Do I Transform What I Do?

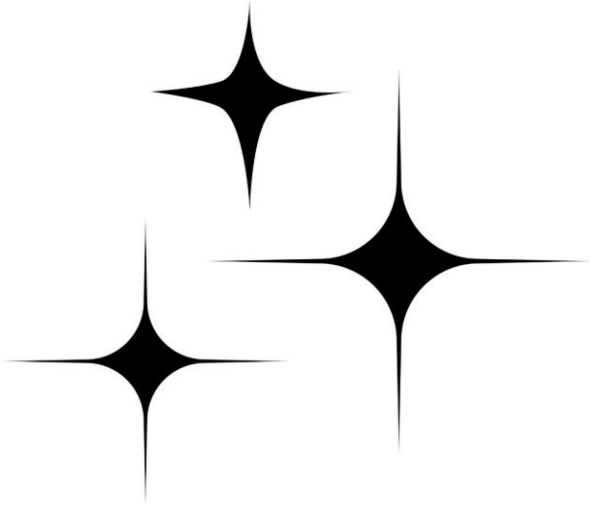


Things That Dirty Our Lenses: Filters



Finances
Jealousy
Lack of Trust
Lack of Integrity
Personal Tragedy
Lack of Qualification
Gossip

Cleaning our Lenses: Filters



Down Time
Meditation
Exercise
Faith
Job Hopping
Keeping Busy





The 3 Forks

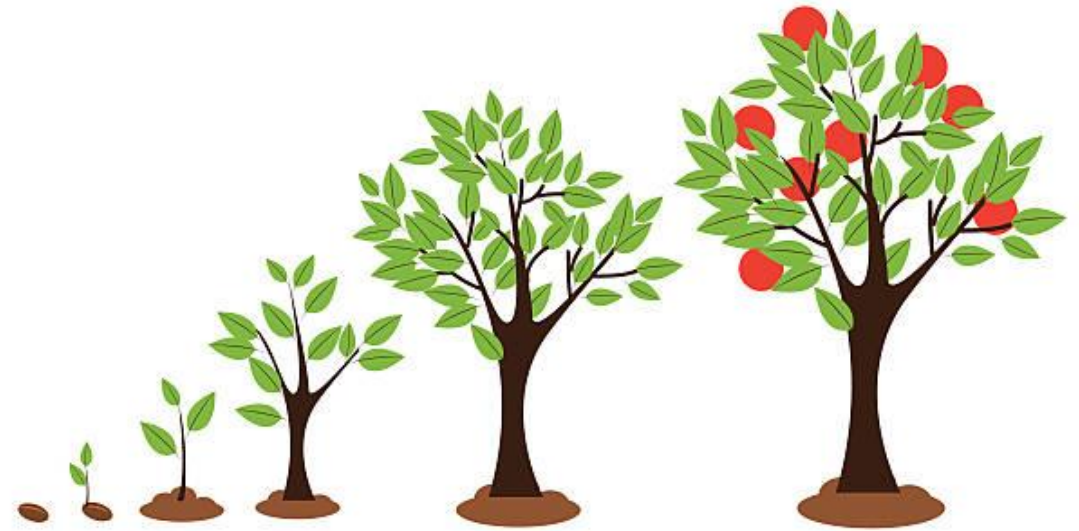
Initial Exposure(Growth)

Transitional Phase (Stretch)

New Position/Responsibilities(Elevation)

Leadership Journey- Grow

- Learning
- Being Fed
- Continual Evolution
- Self Doubt
- Being The New KID
- Looking Back
- Absorbing All You Can



Leadership Journey- Transition/Stretch

- Saving the Scraps
- Enhancing What Your Skill Set
- Becoming Career Learner
- New Successes
- Uncomfortable Limbo
- Self Doubt
- Mourning What You Left



Leadership Journey- Elevation

- Optimism
- Highest Form of You
- Challenging What You Think You Know
- Leaving It All On The Table
- Becoming a Risk Taker
- Being the Go To
- Performing Without Compensation





Thank You!