The Four Essential Habits of

GAME

CHANGERS

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Affiliation or Financial Disclosure

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Session Objectives

• Identify **GAME CHANGING** behavior

• Assess your **GAME CHANGING** contributions

• Recognize opportunities to apply **GAME CHANGING** habits in daily routine
What is a “Habit”
a settled or regular tendency or practice, especially one that is hard to give up
"YOU ARE THE GREATEST PROJECT YOU WILL EVER GET TO WORK ON. TAKE YOUR TIME. CREATE MAGIC."

UNKNOWN
Habit #1  Self-Leadership

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Lead themselves well....... FIRST!!

TRUTH
What people want most...

Maturity
Consistency
Decisiveness
Strength

A.R. Bernard
Habit #1- “If I lead ME well, everyone else will tell”
Three commitments to your self

“I will NOT lie to myself, even when the **TRUTH** makes me feel bad about myself”

(Strength)

“I will prioritize what I value most over what I want now”

(Maturity)

“I will not lead myself by myself”

(Consistency)

Andy Stanley
Habit #1- “If I lead ME well, everyone else will tell”
Lt. Col Christopher Hughes
Habit #2 - Emotional Intelligence

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Habit #2- “EQ is better than IQ”
Habit #2- Emotional Intelligence

Self Awareness- Aware of how I come across to others

Self Management- Manage my emotions to do what I need to do (even when I don’t feel like it)

Social Awareness- Aware of how relationships around me are connected (or not connected)

Relationship Management- Manage the primary relationships in my life
Habit #2- Emotional Intelligence

What EQ “sounds” like...

Self Awareness- “Now you know how I am”

Self Management- “I know me”

Social Awareness- “Now you know how SHE is” (The Law of Timing)

Relationship Management- “Can we all just get along?”
Habit #2 - Emotional Intelligence
Habit #2- “EQ is better than IQ”
Habit #3—“The Limp that Links”
Habit # 3—"The Limp that Links"

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Limp

Live

Labels
Habit #3- “Limp and let limp”
Habit #3- “Limp and let limp”
Habit #4  First Responders

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Habit #4- Own YOUR Response ONLY!!!

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Habit #4- “You’re not responsible for their response”
Habit #1- “If I lead me well, everyone else will tell”

Habit #2- “EQ is better than IQ”

Habit #3- “Limp and let limp”

Habit #4- “You’re not responsible for their response”
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