Annual National Conference 2019
Connecting the Cafeteria to the Classroom
Samantha Ronk, RD
Affiliation or Financial Disclosure

• Samantha Ronk, RD
  Administrative Coordinator for Guest Experience
• Prince William County Public Schools
• Nothing to disclose
The Opportunity

• Nutrition Education: The cafeteria is an underutilized learning resource!
• Increase student comfort level with the kitchen and cafeteria staff
• Strengthen cafeteria and school staff relationships
The Big Idea

• Develop lesson plans to utilize the cafeteria as a learning lab
• Lessons meet state standards of learning, so teachers more willing to participate
• Implementation Division-wide, so all students had the same opportunity
Planning

• Several meetings with Director of Student Services to sell idea
• Got on Agenda for his staff meeting to brainstorm ideas
• Made a specific staff contact for each idea/grade level
  • Start with ES!
• Drafts on drafts
• Piloted all drafted lessons in a school(s)
• Final published and disseminated
• Time from start to finish: 1 school year
Lesson Plans
2nd Grade Corn Husking
Tower Gardens K-12
Marketing

• Back to School Teacher Meetings
• Social Media: they see colleagues doing it, they want in on the fun!
Results

• Approximately 1.5 million more meals (breakfast and lunch) served per year since SY 15-16
• Students’ comfort level increased
• Builds relationships with school staff
• Strengthens cafeteria/kitchen as part of the student’s education
• Team Up Nutrition Grant
• Room for improvement: Training new Managers to execute
How to Books

Create a "How To" Book after finishing the step by step instructions of making Graham Crackers Bars in the classroom.

"Children learn to read by doing. Children learn to talk. Children learn to think. Children learn to relate. Children learn to understand. By doing these things, they learn to read." 

Carl Rogers

Creative Writing Team: Preparation Before Lessons in the Classroom

Before the children begin the steps, teachers should explain clearly the procedure. Then ask the children if they understand the steps and if they have any questions. 

"Let's begin the recipe for Graham Crackers Bars. First, let's get started on making the recipe for Graham Crackers Bars. Once you've finished making the recipe, you'll be ready to eat!"

Preparation Before Lessons in the Classroom

Create a "How To" Book for each student by:
1. Copying "How To Make Graham Crackers Bars" (below) for each student in your class
2. Using colored pencils to label the steps of the recipe
3. Copying "How To Make Graham Crackers Bars" for each student in your class
4. Gluing the original recipe to the page

"Graham Crackers Bars" by: Lyla Jones, 5th Grade

"We begin by making Graham Crackers Bars. First, let's get started on making the recipe for Graham Crackers Bars. Once you've finished making the recipe, you'll be ready to eat!"

Graham Crackers Bars

Ingredients:
- Graham Crackers
- Butter
- Brown Sugar
- Eggs
- Milk
- Powdered Sugar

Instructions:
1. Preheat the oven to 350 degrees.
2. In a mixing bowl, combine the dry ingredients.
3. In another mixing bowl, beat the eggs together.
4. Combine the wet and dry ingredients.
5. Press the dough into a greased 9" x 13" baking dish.
6. Bake for 25 minutes or until golden brown.
7. Remove from the oven and let cool completely before cutting.

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Your Turn

• Start with a Champion (teacher, manager, etc.), then expand
• No need to reinvent the wheel- Rip off and duplicate!
  • If you use our lesson plans, we’d love to hear how it goes!
• Questions?
Evaluate This Session

Use the ANC App to evaluate the sessions you attend and you will automatically be entered to win a FREE registration to ANC 2020 in Nashville.*

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Thank you!

RONKSG@pwcs.edu
@PWCSNutrition

www.PWCSNutrition.com