

School Lunch Has Changed. Come See How!

Do you know what's being served in your child's school cafeteria?
The answer may surprise you!

Many school districts are featuring healthier options, more fruits and veggies, locally-sourced produce, chef-inspired recipes, and more choices for kids.

National School Lunch Week is October 12-16, 2015.

To follow the campaign on social media, check out the hashtag #NSLW.



Jefferson County School District, KY



Provo City Schools, UT



Carrollton City Schools, GA

Today's School Lunch

The National School Lunch Program serves 30+ million children, providing them with nutritious, low-cost and free meals. Today's school lunches include:

Fruits and vegetables offered daily

Increased whole grains

Limits on calories, fat, and sodium based on students' age

Fat-free or low-fat milk every day

Talk to the cafeteria manager at your child's school to see what's being served, and come to lunch with your student to see for yourself!

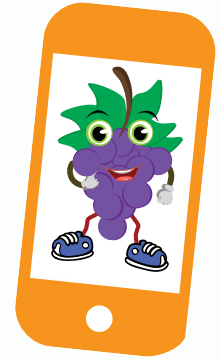


www.schoolnutrition.org/SchoolMeals

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STUDENTS



Say Cheese! It's Lunchtime.

October 12-16, 2015 is National School Lunch Week.

School cafeterias everywhere are celebrating "School Lunch Snapshot" and sharing awesome photos of real, delicious school lunches!

Picture-Perfect Challenge

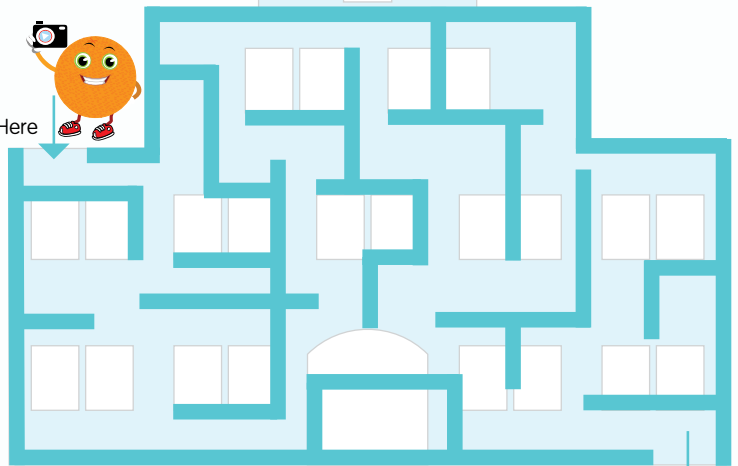


In the space to the left, draw a picture of yourself eating a delicious and healthy school lunch. Show off food you're eating, your friends, your cafeteria staff, and more.



A-Mazing Activity

Cafeteria Start Here



Auditorium End Here



It's picture day at school and Oliver Orange needs to get from the cafeteria to the auditorium! Follow the maze below to help him get to where he needs to go.