**Individual Mashed Potatoes & Refried Beans**

**Perfectly packaged for meal pickup/delivery.**

Convenient, shelf-stable, individual packs are easy to add to any take-away meal.

- **No prep required by school kitchen.**
- **Easy home prep:** add 1 cup of hot water, set for refresh time, enjoy.
- **Kid Favorite:** the foods they love at school and home.

**EXCEL® Original Butter Mashed Potatoes**
SKU 35749   50, 1.65oz dry   10 oz prepared/pch
Per Pouch: 2 servings, ½ cup starchy veg

**EXCEL® Refried Pinto Beans**
SKU 46634   50, 3.7oz dry   12 oz prepared/pouch
Per Pouch: 2 servings, ½ cup legume or 2-MA

**Vegetarian Refried Pinto Beans w/ Whole Beans**
SKU 14222   50, 3.4oz dry   12 oz prepared/pouch
Per Pouch: 2 servings, ½ cup legume or 2-MA

**ORDER TODAY!** Contact: Quentin Layne
Ph: 972.467.5946 qlayne@baf.com
Per Pouch: 2 servings, ½ cup starchy veg

### NUTRITION FACTS

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Serving Size</th>
<th>Meal Pattern</th>
<th>Contribution</th>
<th>Equivalent Servings/Bag</th>
<th>Equivalent Servings/Case</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>90</td>
<td>1/4C Veg/Starchy</td>
<td>4.72</td>
<td>236.10</td>
<td></td>
</tr>
<tr>
<td>Total Fat</td>
<td>1g</td>
<td>1/2C Veg/Starchy</td>
<td>2.36</td>
<td>118.03</td>
<td></td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>0g</td>
<td>1/2C Veg/Starchy</td>
<td>2.36</td>
<td>118.03</td>
<td></td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
<td>1/2C Veg/Starchy</td>
<td>2.36</td>
<td>118.03</td>
<td></td>
</tr>
<tr>
<td>Cholesterol</td>
<td>0mg</td>
<td>1/2C Veg/Starchy</td>
<td>2.36</td>
<td>118.03</td>
<td></td>
</tr>
<tr>
<td>Sodium</td>
<td>400mg</td>
<td>1/2C Veg/Starchy</td>
<td>2.36</td>
<td>118.03</td>
<td></td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>17g</td>
<td>1/2C Veg/Starchy</td>
<td>2.36</td>
<td>118.03</td>
<td></td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>1g</td>
<td>1/2C Veg/Starchy</td>
<td>2.36</td>
<td>118.03</td>
<td></td>
</tr>
<tr>
<td>Total Sugars</td>
<td>0g</td>
<td>1/2C Veg/Starchy</td>
<td>2.36</td>
<td>118.03</td>
<td></td>
</tr>
<tr>
<td>Added Sugars</td>
<td>0g</td>
<td>1/2C Veg/Starchy</td>
<td>2.36</td>
<td>118.03</td>
<td></td>
</tr>
<tr>
<td>Protein</td>
<td>2g</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vitamin D</td>
<td>0mg</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Calcium</td>
<td>10mg</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Iron</td>
<td>0.3mg</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Potassium</td>
<td>580mg</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* The % Daily Value (%DV) for essential nutrients in a serving of this food contributes to a daily diet. 2500 calories a day is used for general nutrition advice.

### GTIN INFORMATION

<table>
<thead>
<tr>
<th>Serving Size</th>
<th>Measure/Weight</th>
<th>Meal Pattern</th>
<th>Contribution</th>
<th>Equivalent Servings/Bag</th>
<th>Equivalent Servings/Case</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.08 oz</td>
<td>1/4C Veg/Starchy</td>
<td>4.72</td>
<td>236.10</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4.17 oz</td>
<td>1/2C Veg/Starchy</td>
<td>2.36</td>
<td>118.03</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### PACKAGING

<table>
<thead>
<tr>
<th>GTIN</th>
<th>10011140581516</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pack Size</td>
<td>50/ 1.65oz</td>
</tr>
<tr>
<td>Shelf Life</td>
<td>365 days</td>
</tr>
<tr>
<td>Tie x High</td>
<td>9 x 5</td>
</tr>
</tbody>
</table>

Case Gross Weight: 6.36 LB
Case Net Weight: 5.18 LB
Case L, W, H: 15.31 IN, 12.81 IN, 9.63 IN
Cube: 1.09 CF

Packaging Disclaimer: In order to expedite availability, we have re-purposed sample pack graphics. While these are fully compliant for sale, they do include small statements on pack: Sample now for your menu (front), Sample not for retail sale (back).
**Santiago® EXCEL® Refried Beans SKU 46634 50/3.7oz**

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### NUTRITION FACTS

<table>
<thead>
<tr>
<th>Serving Size</th>
<th>Meal Pattern</th>
<th>Contribution</th>
<th>Equivalent Servings/Cube</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.76 oz.</td>
<td>1 M/MA</td>
<td>4.69</td>
<td>234.70</td>
</tr>
<tr>
<td>5.51 oz.</td>
<td>2 M/MA</td>
<td>2.35</td>
<td>117.39</td>
</tr>
<tr>
<td>2.76 oz.</td>
<td>1/4C Veg/Bean/Pea</td>
<td>4.69</td>
<td>234.70</td>
</tr>
<tr>
<td>5.51 oz.</td>
<td>1/4C Veg/Bean/Pea</td>
<td>2.35</td>
<td>117.39</td>
</tr>
</tbody>
</table>

**CN INFORMATION**

- **Serving Size Measure/Weight:** 2 servings, ½ cup legume or 2-MA
- **Meal Pattern Contribution Equivalent:**
  - 2.76 oz: 1 M/MA
  - 5.51 oz: 2 M/MA
  - 2.76 oz: 1/4C Veg/Bean/Pea
  - 5.51 oz: 1/4C Veg/Bean/Pea
- **Equivalent Servings/Bag:**
  - 2.76 oz: 4.69
  - 5.51 oz: 2.35
- **Equivalent Servings/Case:**
  - 2.76 oz: 234.70
  - 5.51 oz: 117.39

**PACKAGING**

<table>
<thead>
<tr>
<th>GTIN</th>
<th>Case Gross Weight</th>
<th>Case Net Weight</th>
<th>Case L, W, H</th>
<th>Tie x High</th>
</tr>
</thead>
<tbody>
<tr>
<td>10011140466349</td>
<td>13.69 LB</td>
<td>11.69 LB</td>
<td>12.75 IN, 12.13 IN, 16.75 IN</td>
<td>9 x 3</td>
</tr>
</tbody>
</table>

**Basic American Foods**

**SAMPLE NOW FOR YOUR MENU**

**INSTRUCTIONS:**

1. **Packaging:**
   - 1 Cup boiling water
   - INGREDIENTS: Pinto Beans, Lactose, Salt
   - Produced and Guaranteed by Basic American Foods
   - Sampled and articulated KEEP IN COLD DRY STORAGE.

**NUTRITION FACTS**

- **CALORIES:** 170
- **% DV:**
  - Total Fat: 4.5g
  - Saturated Fat: 0g
  - Trans Fat: 0g
  - Cholesterol: 5mg
  - Sodium: 580mg
  - Total Carbohydrate: 23g
  - Dietary Fiber: 1g
  - Total Sugars: 0g
  - Incl. Added Sugars: 0g
  - Protein: 9g
  - Vitamin D: 0mcg
  - Calcium: 40mg
  - Iron: 2mg
  - Potassium: 420mg
- **Serving Size:** 2.76 oz.

**In Basic American Foods we believe that kitchens and dining rooms should be filled with food people love to make and enjoy together, and that’s exactly why we’re helping create a world full of mealtime victoires.

**IN ORDER, ask your sales rep for BAF SKU 42649.

**TO TRY ANOTHER FOOD, go to baffoodservice.com.**

**Product Formulation Sheet Available**
### Nutrition Facts

About 2.5 Servings Per Container

<table>
<thead>
<tr>
<th>SERVING SIZE</th>
<th>CALORIES</th>
<th>% DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/2 Cup (96g) Dry</td>
<td>140</td>
<td>2%</td>
</tr>
<tr>
<td>About 120g Prepared</td>
<td>10</td>
<td></td>
</tr>
</tbody>
</table>

| Total Fat | 1.5g | 2% |
| Saturated Fat | 0.5g | 2% |
| Trans Fat | 0g | |
| Cholesterol | 0mg | 0% |
| Sodium | 550mg | 24% |
| Total Carbohydrate | 21g | 8% |
| Dietary Fiber | 9g | 32% |
| Total Sugars | 0g | |
| Added Sugars | 0g | 0% |
| Protein | 9g | 11% |
| Vitamin D | 0mcg | 0% |
| Calcium | 50mg | 4% |
| Iron | 2mg | 10% |
| Potassium | 400mg | 10% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Packaging

<table>
<thead>
<tr>
<th>GTIN</th>
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<tbody>
<tr>
<td>Case Gross Weight</td>
<td>12.63 LB</td>
</tr>
<tr>
<td>Pack Size</td>
<td>50/ 3.4oz</td>
</tr>
<tr>
<td>Case Net Weight</td>
<td>10.63 LB</td>
</tr>
<tr>
<td>Shelf Life</td>
<td>365 days</td>
</tr>
<tr>
<td>Case L, W, H</td>
<td>12.75 IN, 12.13 IN, 16.75 IN</td>
</tr>
<tr>
<td>Tie x High</td>
<td>9 x 3</td>
</tr>
<tr>
<td>Cube</td>
<td>1.50 CF</td>
</tr>
</tbody>
</table>

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